

QUANTUM FIELD PSYCHOLOGY MADE SIMPLE

by
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PROLOGUE

Given the complex nature of the mathematical aspects of the theory, *Quantum Field Psychology* (2004), we get many requests to MAKE IT SIMPLE !

In keeping with that request, here it is.

Quantum Field Psychology put in terms for everyone to understand...without much of the mathematics. What follows is an outline excerpt of the book now in production.

It is powerful.

If you wish to study the math and physics behind the theory, it is best to read the original work referenced above.

This outline excerpt only covers some of the many powerful principles in the textbook, but it will give you more insight and ideas about the awesome expanse and depth of this ground-breaking theory.

The entire ebook will follow in the near future, so stay tuned.

Know that the keys to the kingdom are in your fingertips.

Use them well...

CAUTION: Use these principles with great, great caution, always with the good of others in mind, and never to harm others. Remember, what you send out returns to you, often many times over.

Happy creating !

OUTLINE

AXIOMS MADE SIMPLE:

I. THE MIND AS ENERGY:

THE MIND IS AN ENERGY FIELD THAT TRANSCENDS THE PHYSICAL BRAIN.

THE ENERGY FIELD IS EXPRESSED AS FOURIER WAVES, OR SINUSOIDAL WAVES, WHERE THE WAVEFORM w IS GIVEN BY:

$w = \text{kap}(1) + \dots + \text{kap}(n)$; where w = wave form; k = spatial frequency, or the frequency that occurs within a specific distance; a = amplitude; p = phase.

EVERY THOUGHT EMANATED BY THE MIND TRAVELS THROUGHOUT THE UNIVERSE AND RETURNS TO THE SENDER, REFLECTING BACK AND AMPLIFYING THE NATURE OF WHAT THE SENDER HAS PROJECTED.

WHEN ALL OF ONE'S THOUGHTS ARE IN PHASE, WITH THE SAME EMOTIONAL TENOR AND FREQUENCY, THEY EMANATE WITH FAR GREATER INTENSITY AND POWER.

IMAGINE THE POWER OF CONCENTRATED THOUGHT WHEN ALL THOUGHTS ARE OF LOVE FOR ALL BEING AT ALL TIMES, NO MATTER WHAT.

CONVERSELY, IMAGINE THE CHAOS WHEN THE MIND JUMPS FROM ONE THOUGHT TO ANOTHER, WITH EACH THOUGHT UNDERLAIN BY A DIFFERENT EMOTION. IT IS LIKE CONSTANTLY CHANGING THE CHANNEL ON A TELEVISION SET AND EXPECTING TO UNDERSTAND A PROGRAM.

FURTHER, HUGE AMPLITUDES OF WAVES CAN BE GENERATED BY INTENSIFYING THE FOCUS AND CLARITY OF THE MIND, BY REMOVING ALL INTERNALIZED THOUGHT-EMOTION FIXATIONS, BY IMPROVING THE HEALTH OF THE INDIVIDUAL, AND BY TRANSFORMING ONE'S IDENTITY...TO A FAR EXPANDED STATE.

SYNCHRONICITIES OCCUR WHEN WAVEFORMS REFLECT PARALLELS, VARIATIONS OR PARTIAL VARIATIONS (SUBSPACES) BACK TO THE ORIGINAL SOURCE - TO YOU.

FOR EXAMPLE, SUPPOSE YOU CONCENTRATE ON THE WORD GOLD, HOPING TO ATTRACT TO YOU MORE MONEY.

BUT SUPPOSE MANY OF YOUR THOUGHTS AND EMOTIONS ARE FILLED WITH FEAR, DOUBT AND ANXIETY. THESE INTERFERE WITH THE PROCESS AND BLEND INTO THE MIX OF WHAT YOU ARE TRYING TO CREATE.

IT IS LIKE A TELEVISION BROADCASTING STATION SENDING OUT SEVERAL MIXED SIGNALS AT ONCE, CREATING A JUMBLE OF IMAGES AND SOUNDS.

YOUR THOUGHTS OF GOLD MIXED WITH ANXIETY MIGHT THEN ATTRACT YOU TO MEETING A MAN NAMED GOLDSMITH, WHOSE ENERGIES MIGHT INTERLOCK WITH YOURS IN SOME NEGATIVE WAY. OR, HIGHLY ANXIOUS THOUGHTS OF NEEDING MONEY MIGHT LEAD YOU INTO A FENDER BENDER WITH A GOLD CAR.

SOUND CRAZY? IT'S ALL ENERGY, AND IN MANY WAYS A DIFFERENT WORLD THAN WE THINK !

THIS IS EXPLAINED FURTHER BY...

II. THOUGHT-EMOTION TRANSVERSE WAVES:

THE MIND WAVEFORMS ARE THOUGHT-EMOTION WAVES, OCCURRING AS TRANSVERSE WAVES, PARALLEL TO ELECTRO-MAGNETIC WAVES. THAT IS, THOUGHTS AND EMOTIONS OCCUR PERPENDICULAR TO ONE ANOTHER.

THOUGHT-EMOTION WAVES TRAVEL THROUGH SPACE AS A WAVEFORM, BUT INTERACT WITH MATTER AS A PARTICLE, KNOWN AS A THOTON.

AS THOUGHT TAKES ON HIGHER AND HIGHER FREQUENCIES, NEGATIVE EMOTIONAL COMPONENTS ASYMPTOTE (APPROACH TOWARD) ZERO. HERE, THOUGHT IS PURE AND ABSTRACT, UNDERLAIN BY DIVINE JOY AND LOVE.

AS NEGATIVE EMOTIONS ARE INDULGED, SUCH AS ANGER, FEAR, DOUBT AND ENVY, AND ARE ALLOWED TO CONSUME THOUGHT, THOUGHT FLEXIBILITY ASYMPTOTES TO ZERO, AND THE MIND CREATES CHAOS IN THE LIFE OF THE INDIVIDUAL AND OTHERS AROUND THEM.

LEADING TO...

III. PSYCHOLOGICAL CONDITIONS:

MANY PSYCHOLOGICAL CONDITIONS CAN BE EXPRESSED IN MATHEMATICAL TERMS.

MOOD DISORDERS BEST REFLECT THE SINUSOIDAL NATURE OF THOUGHT-EMOTION WAVES, WITH PEAKS AND VALLEYS THAT VARY IN AMPLITUDE, FREQUENCY AND PHASE.

PSYCHOLOGICAL PROBLEMS RESULT WHEN THOUGHT-EMOTION WAVES ARE COMPOSED OF FIXATIONS, WITH EMOTIONS NEGATIVE AND THOUGHTS DELUSIONAL (FALSE BELIEFS).

CYRSTALS FORM IN THE MIND, UNDERLAIN BY CONSTELLATIONS OF THOUGHT-EMOTION FIXATIONS. THESE CRYSTALS FOCUS AND CONCENTRATE ENERGY TO MANIFEST WHAT HAPPENS IN THE PERSON'S LIFE.

REPRESSED, HIDDEN T/E FIXATIONS AND CRYSTALS COMPRISE THE SUBCONSCIOUS MIND.

IMAGINE AGAIN THE CHAOS CREATED IN A PERSON'S LIFE WHEN ONE'S THOUGHTS, POWERED BY INTENSE EMOTION, JUMP FROM ONE FIXATION TO ANOTHER.

PSYCHOLOGICAL GROWTH OCCURS WHEN THE INDIVIDUAL LEARNS TO RECOGNIZE, UNDERSTAND, THEN RESOLVE THESE FIXATIONS.

HERE, THOUGHT-EMOTION FIXATIONS ARE RESOLVED, ALLOWING ENERGY FROM THE SUPERCONSCIOUS MIND TO FLOW INTO THE CONSCIOUS MIND.

A CONCENTRATED MIND, FOCUSED ON MAKING SPECIFIC, POSITIVE THINGS HAPPEN, CAN CREATE INCREDIBLE SUCCESS, WEALTH AND WELL-BEING...PROVIDING CERTAIN OTHER CONDITIONS ARE MET.

THOUGHT-EMOTION FIXATIONS ARE RESOLVED BY:

(1) FORGIVENESS OF THE SELF AND OTHERS, IMMEDIATELY, AS SOON AS ANY ERROR OR OFFENSE OCCURS.

(2) ADOPT AN ATTITUDE OF GRATITUDE AT ALL TIMES FOR ALL THINGS IN YOUR LIFE. EVEN THE SEEMING NEGATIVE EVENTS ARE THERE TO TEACH US THE CO-CREATIVE NATURE OF THOUGHT, THAT WE ARE SELF-CREATIVE BEINGS.

BEING GRATEFUL ATTRACTS FAR MORE TO YOU.

BEING RESENTFUL REPELS YOUR PRESENT AND FUTURE GOOD AWAY.

(3) TAKE NOTHING PERSONALLY, REALIZE THAT PEOPLE PROJECT THEIR DELUSIONS ONTO US AT ALL TIMES. IF WE TAKE IT PERSONALLY, WE INTERNALIZE IT, AND IT THEN DRIVES OUR SYSTEM WITH THEIR DELUSIONS - WHICH BECOME OUR DELUSIONS.

EVEN WORSE, SOME PEOPLE WILL TRY TO CONTROL YOU BY READING YOUR WEAKNESSES, AND LEARNING TO PLAY THEM AGAINST YOU.

THE CORPORATE WORLD AND MANY SOCIAL ARENAS ARE PLAYING FIELDS FOR MANIPULATORS AND THOSE WHO ACT OUT THEIR INTERNAL CONFLICTS ON OTHERS.

(4) LEARN TO LOVE YOURSELF AND OTHERS, AS DIVINE BEINGS, AT ALL TIMES, NO MATTER WHAT. THIS HELPS YOU EXPAND YOUR BEING BEYOND DELUSIONS WHICH ONCE ENSLAVED YOU, AND HELPS FREE OTHERS AS WELL.

AS THE MIND IS FREED FROM THE ENSLAVEMENT OF NEGATIVE THOUGHT-EMOTION FIXATIONS, THE ENERGY OF CONSCIOUSNESS EXPANDS...EVEN TO INFINITY.

PUT SIMPLY...

E = hf

WHERE E IS ENERGY OF CONSCIOUSNESS, h = PLANCK'S CONSTANT AND f = FREQUENCY OF THOUGHT.

AS f TAKES ON HIGHER AND HIGHER FREQUENCIES, E APPROACHES HIGHER AND HIGHER LEVELS OF CREATIVE POWER.

THIS LEADS US TO...

IV. LEVELS OF THE MIND:

THE SUPERCONSCIOUS MIND IS THE CORE OR NUCLEUS OF THE MIND, THE DIVINE SPARK AND PRESENCE OF A HIGHER POWER PLANTED INSIDE ALL HUMAN BEINGS.

TRAGICALLY, MOST PEOPLE ARE UNAWARE OF THIS PRESENCE, CONVINCED THAT GOD EXISTS, IF ANYWHERE, EXTERNAL TO THEMSELVES.

THE SUBCONSCIOUS MIND IS THE REPOSITORY OF REPRESSED THOUGHT-EMOTION COMPLEXES AND CRYSTALLIZED FIXATIONS OF A NEGATIVE NATURE, WHICH CONTINUE TO PROJECT THEIR FORCE FIELD INTO THE PERSON'S LIFE, CREATING CHAOS AND ENDURING PROBLEMS, OFTEN WITHOUT THE INDIVIDUAL REALIZING WHERE THE PROBLEMS ARE COMING FROM.

THE SUBCONSCIOUS MIND WORKS AUTOMATICALLY AND USUALLY BELOW THE CONSCIOUS LEVEL. THIS MAKES THE EFFECTS MOST INSIDIOUS, AND DIFFICULT FOR MANY TO DETECT.

THE CONSCIOUS MIND IS THE EVERYDAY MIND, THAT DEALS WITH SENSORY INPUT FROM THE EXTERNAL WORLD, AND IMPRESSIONS FROM THE INTERNAL WORLD, INCLUDING MEMORY, IMAGINATION, AND THE SUBCONSCIOUS AND SUPERCONSCIOUS MINDS...

THE SUBCONSCIOUS AND CONSCIOUS MINDS ARE ALSO KNOWN AS ANTI-MIND, BECAUSE THEY OFTEN OPPOSE AND RESTRICT THE FUNCTIONS OF THE TRUE MIND, THE SUPERMIND WITHIN.

ONCE THE SUPERMIND AND CONSCIOUS MIND MERGE, THE INDIVIDUAL CAN EXPRESS AND DIRECT VAST ENERGY FIELDS FLOWING THROUGH THEM. AS THESE ENERGIES RISE IN FREQUENCY BY IDENTIFYING WITH DIVINE CONSCIOUSNESS, THE ENERGIES ASSUME UNBELIEVABLE POWERS.

V. THE CREATIVE POWERS OF MIND:

YOU CAN CREATE ANY LEVEL OF SUCCESS, PROSPERITY AND WELL-BEING IN LIFE YOU DESIRE.

MANY CREATIVE POWERS OPERATE IN PART THROUGH THE VISUALIZATION PROCESS...THOUGHT DIRECTLY ACTS UPON FORMLESS SUBSTANCE, OR QUANTUM STUFF. THE UNIVERSE IS A THINKING ENTITY, AND HUMAN THOUGHT ACTS UPON THE QUANTUM STUFF TO MANIFEST THE NATURE OF WHAT YOU ARE THINKING ABOUT.

TEMPLATES OR CRYSTALS CAN BE INTENTIONALLY FORMED IN THE MIND, WHICH THEN ATTRACT, OR AGGREGATE MATTER TO TAKE THE FORM OF WHAT YOU ARE VISUALIZING.

YOU CAN ACTUALLY LEARN TO CREATE THESE SO THEY WORK AUTOMATICALLY, JUST AS TOXIC FORMATIONS EMANATE FROM THE SUBCONSCIOUS MIND AUTOMATICALLY, UNTIL STOPPED AND CORRECTED.

TO CREATE WHAT YOU WANT IN LIFE...

FIRST, MAKE CERTAIN THAT WHAT YOU WISH TO CREATE WILL HARM NO ONE. IT MUST BE GOOD FOR ALL CONCERNED, AND DO NO HARM.

KNOW THAT EVERYTHING YOU DO REFLECTS BACK TO YOU IN LIKE FORM...OFTEN MANY TIMES OVER.

IN THE PHYSICAL PLANE, THIS IS EXPRESSED AS NEWTON'S THIRD LAW (DALRYMPLE, 1989). IN THE SPIRITUAL WORLD, IT IS FOUND IN VARIOUS BIBLICAL REFERENCES, SUCH AS "YOU REAP WHAT YOU SOW," "AN EYE FOR AN EYE," AND THE EASTERN CONCEPT OF KARMA.

TO CREATE, FIRST RELAX, TAKE SEVERAL LONG, DEEP BREATHS, TENSE AND RELAX MUSCLES, CLEAR YOUR MIND.

VISUALIZE YOURSELF AS A DIVINE BEING, CAPABLE OF GREAT THINGS.

THEN FORM A CRYSTAL CLEAR IMAGE OF WHAT YOU WANT TO CREATE, IN DETAIL. SEE YOURSELF BEING IN THAT STATE, AS LIVING, EXPERIENCING THE CONDITIONS YOU WISH TO BE IN.

LOVE THAT CONDITION, FEEL INFINITE JOY BEING THERE.

SEE IT ALL IN SUPREME DETAIL, VISUALIZING AND LOVING EVERY ASPECT OF IT.

MOST IMPORTANTLY, SEE YOURSELF EXPANDING INTO BEING IN THAT STATE, LIVING IT, LOVING BEING THERE.

THEN RELEASE IT, LET GO OF THE IMAGERY AND SEE IT EXPANDING THROUGHOUT THE UNIVERSE, MANIFESTING FOR YOU AT THE APPROPRIATE TIME IN THE BEST WAY POSSIBLE FOR ALL.

IT MAY TAKE TIME FOR THE UNIVERSE TO ARRANGE THE PROPER CONDITIONS FOR YOUR DESIRED GOAL TO MANIFEST, SO BE PATIENT.

ASK THAT THE ENERGY YOU SEND FORTH HARM NO ONE, AND DOES GOOD FOR ALL.

HAVE TOTAL FAITH IN THIS PROCESS.

WHENEVER YOU THINK OF YOUR DESIRED GOAL, VISUALIZE IT IN DETAIL, AND DO ALL YOU CAN PHYSICALLY TO WORK TOWARD IT.

ADOPT AN ATTITUDE OF GRATITUDE AT ALL TIMES FOR ALL YOU HAVE AND ALL YOU GIVE AND ALL YOU ARE TO RECEIVE.

PRAY/MEDITATE AS IF IT ALL DEPENDS ON GOD, WORK AS IF IT ALL DEPENDS ON YOU.

OR, PRAY/MEDITATE AS YOU MOVE YOUR FEET.

DO NOT ALLOW NEGATIVE THOUGHTS OR FEELINGS TO INTERCEDE AT ANY TIME, BECAUSE THESE COUNTERACT THE CREATIONS YOU ARE BRINGING FORTH, AND LOWER THE CREATIVE ENERGY OF YOUR FIELD IN GENERAL.

OR, THE NEGATIVE STREAMS OF THOUGHT AND EMOTION BLEND IN WITH THE ATTEMPTED CREATIONS, RENDERING UNEXPECTED AND UNWANTED RESULTS.

THIS IS WHERE RESOLVING THE SUBCONSCIOUS AS WELL AS CONSCIOUS T/E FIXATIONS IS MOST IMPORTANT - FOR HIDDEN NEGATIVE FIXATIONS SABOTAGE THE POSITIVE THINGS YOU ARE TRYING TO CREATE.

DISCIPLINE IS ALSO KEY, LEARNING TO KEEP THE MIND FOCUSED ON POSITIVE THOUGHTS AND JOYFUL, LOVING EMOTIONS. TO DO OTHERWISE GUARANTEES CREATING ENDLESS PROBLEMS FOR YOURSELF AND OTHERS.

VI. MAINTAINING NIRVANA:

NIRVANA, SAMADHI, HEAVEN, THE GARDEN OF EDEN...ARE TERMS THAT REFER TO AN EXPANDED STATE OF CONSCIOUSNESS.

FROM THIS STATE OF MIND, OTHER POWERS PROCEED.

FOR EXAMPLE, TO PERFORM SUCCESSFULLY AND CONSISTENTLY THE MANIFESTATION PROCESS AT THE HIGHEST LEVEL, ONE MUST MAINTAIN THIS STATE OF MIND.

IT IS BEST ATTAINED BY VISUALIZING AND FEELING A DIVINE PRESENCE INSIDE YOUR BEING AT ALL TIMES, AND FEELING DIVINE JOY AT ALL TIMES.

FEELING DIVINE LOVE FOR ALL CREATION AT ALL TIMES, NO MATTER WHAT.

REMEMBER, EVERY THOUGHT IS A THING, AND HAS INFLUENCE. IT IS THEREFORE MOST IMPORTANT TO FIRST OBSERVE, THEN CONTROL AND DIRECT WHAT YOU THINK ABOUT, AND WHAT EMOTIONS ARE ATTACHED TO WHAT THOUGHTS.

PROPER TECHNIQUES OF CONCENTRATION AND MENTAL FOCUSING HELP ACHIEVE THIS.

VII. EXPLODING YOUR LIFE WITH SUCCESS, PROSPERITY AND WELL-BEING:

RESOLVING THE THOUGHT-EMOTION FIXATIONS DESCRIBED IN PART III BREAKS UP THESE CRYSTALS IN THE SUBCONSCIOUS MIND, AND ALLOWS ENERGY TO FLOW UNRESTRICTED BETWEEN THE SUPERCONSCIOUS AND CONSCIOUS MINDS - SO THE TWO BECOME ONE MIND, THE SUPERCONSCIOUS MIND FULLY MANIFEST IN THE EXTERNAL WORLD THROUGH THE HUMAN BODY.

THE CREATIVE POWER OF MIND, FOR EACH THOUGHT-EMOTION FREQUENCY, IS GIVEN BY:

DALRYMPLE'S LAW (1978):

$$E = (m * f^2) / \text{SQ}(1 - (f^2 / c^2));$$
 E = energy of each given thought-emotion frequency; m = mass of the thought-emotion fixation; f is the frequency of the fixation; SQ is the square root; c is the speed of light.

This means that as f increases toward the limit of c, the denominator of the equation approaches zero. Here, the energy (E) approaches the limit of infinity (Dalrymple, 1978).

A mind with an overall high frequency f is more enlightened, flexible, creative and expansive. If f approaches a limit of zero, then E also approaches a limit of zero. Here, a low f correlates with a dull, uncreative or intensely fixated mind, one perhaps driven by

lowly thoughts of vengeance, hatred, resentment, lust or any combination of emotions that prey upon and harm others...as well as the self.

CERTAIN AVATARS IN HISTORY HAVE ACHIEVED THIS ADVANCED STATE, SUCH AS CHRIST, MOSES, KRISHNA, BUDDHA, MOHAMMED AND OTHERS.

WITH THESE GREAT MASTERS, THE ENERGY OF CONSCIOUSNESS BECAME INFINITE, SINCE THEY TAPPED INTO THE UNIVERSAL SOURCE AND BECAME ONE WITH IT ("BEGOTTEN"), ALLOWING INFINITE ENERGY AND THE POWER OF MANIFESTATION TO FLOW THROUGH THEM.

THE GREATEST LAW TO ACHIEVE THIS WAS GIVEN BY CHRIST:

LOVE THE LORD THY GOD - THE DIVINE PRESENCE INSIDE YOU, AS A STARTING POINT - WITH ALL YOUR HEART, MIND, SOUL AND STRENGTH, THEN LOVE THE DIVINE PRESENCE INSIDE ALL OTHERS WITH THE SAME FERVOR.

LOVE ALL CREATION, AT ALL TIMES, NO MATTER WHAT - THIS IS MOST IMPORTANT - NO MATTER WHAT ATTACKS, INSULTS OR SABOTAGE ARE THROWN AT YOU BY OTHERS.

IMMUNIZE YOURSELF AGAINST THE SLINGS AND ARROWS OF OTHERS, TAKE NOTHING PERSONALLY, REALIZE THEY ATTACK YOU BECAUSE OF THEIR INADEQUACIES.

ALL OF US ARE DESIGNED TO MAKE THIS TRANSFORMATION, THE TRANSFIGURATION, BECOMING FULLY MANIFEST AS SPIRITUAL BEINGS, CO-CREATORS WITH GOD, WITH DIVINE POWER TO TRANSFORM THE EARTH.

KNOW THAT YOU HAVE DIVINE POWER INSIDE YOU, BUT YOU MUST AWAKEN TO IT AND LEARN HOW TO USE IT - CONSTRUCTIVELY AND FOR THE GOOD OF ALL.

FINAL NOTE: THESE ARE BUT A FEW OF THE PRINCIPLES COVERED BY *QUANTUM FIELD PSYCHOLOGY* (2004) AND *QUANTUM FIELD PSYCHOLOGY MADE SIMPLE* (2007).

AS PREVIOUSLY NOTED, USE THESE PRINCIPLES WITH EXTREME CAUTION AND THE UTMOST RESPECT FOR THEIR POWER.

FOR WHATEVER YOU DESIRE OR FEAR, YOU WILL CREATE IN YOUR LIFE (DALRYMPLE, 1989).

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FOR MORE INFORMATION ON THE ORIGINAL THEORY, **QUANTUM FIELD PSYCHOLOGY**, GO TO:

<http://www.quantumfieldpsychology.com/Newsletter.pdf>

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